### Description

**Healthy blood vessels - long life**

The modern way of life, stress and lack of exercise negatively affect the state of the whole organism. One of the important, but the weakest points is the vascular wall. Violations of trophic and its elasticity lead to damage. The consequence is the appearance of atherosclerotic plaques and atherosclerosis. The latter, in turn, there is no coronary artery disease and hypertension. A sad statistic in the structure of them and their complications, such as heart attack and stroke belongs to the palm.

There are various ways of preventing heart attack and stroke. However, the main key to its success is the elasticity of the vascular wall. For this revitalization and Health Center has developed a mild hypotensive and angiotropny drug - ADESTAB.

**Course ADESTAB use of the drug to stabilize blood pressure and decrease the risk of vascular complications in the body**

**What are healthy blood vessels**

To circulatory system, ensuring the viability of the whole organism to function properly, it is necessary to maintain a good condition of blood vessels, and especially their elasticity.

In healthy elastic vessel wall, they are able to expand and contract depending on the need. This process increases blood flow, which means that in tissues and organs are normal intensive exchange. When the vessels are narrowed, it is, on the contrary, slows metabolism. The narrow blood vessels takes less, and tissues and organs which they supply the blood and begin to starve worse work. But the most dangerous concerning accumulation in tissues and organs of decomposition products, which seriously disrupts their function.

There is another important reason that care must be taken of the elasticity of their receptacles, - due to its ability to compress and expand the regulated pressure in the arteries and veins. A pressure difference and provides blood flow through the vessels. As you...
remember, in the arteries of the pressure should be higher in areas closer to the heart and in the veins - on the contrary. But in general, in the venous capillary pressure should be lower than the arterial, otherwise blood will not flow into them. When the vein walls lose their elasticity, become engorged with blood, and can no longer be compressed, the pressure in the veins increases, and the difference in pressure between the venous and arterial capillaries is reduced. This becomes another reason for slowing down the metabolic processes, the development of hypoxia (oxygen starvation), saturation of tissues decay products, and thus a violation of their functions. The moment of change of voltage during stress untrained wall may break or otherwise become damaged, which may lead to thrombus formation. Thus, the vascular wall should be sufficiently flexible to changes during stressful to survive and not to destroy.

ADESTAB - course preparation, which has a mild regulating effect on vascular tone, keeping the elasticity of blood vessels.

Another important condition for the normal operation of the circulatory system - a smooth walls of blood vessels that carry blood passes quickly, without encountering any obstacles. However, inelastic vascular injury disrupted the inner layer, the endothelium, and begin to stick to the walls of blood clots or atherosclerotic plaque is formed. Similar projections at the inner surface of the blood vessels causes turbulence in blood cells which, when confronted, lose their structure, or even die. As a result, it is changing the composition of blood.

The walls are covered with a healthy vessel from the inside with a thin layer of endothelium, which allocates special substances that prevent blood clotting. But when the intima (inner layer of the vessel) is damaged, the clotting process begins immediately. And platelets are the first to respond: they stick to the damaged site, and even allocate special substances that provoke a spasm of the vessel and call for help new platelets.

Next, the following occurs. Specific substances in blood (clotting factors) are connected to each other, which leads to precipitation at this point strong threads of a particular protein - fibrin. It then completes the formation of thrombus.

ADESTAB improves metabolism in the vessel wall and maintains a healthy vascular integrity. A healthy blood vessels of the above problems do not occur.

Flexible, smooth, undamaged vessel wall - a normal basic conditions of the cardiovascular system. Therefore ADESTAB works not only to improve vascular and myocardial providing easy antiarrhythmic effect.

### Directions

Adults and children over 14 years: 2 tablets 2 times a day with meals. Course duration 4-6 weeks. Possible re receptions throughout the year.

### Ingredients

Potassium chloride, magnesium citrate, caking agent regulating microcrystalline cellulose powder, fruits chokeberry (lot. Aronia melanocarpa), lemon balm herb powder (lot. Melissa officinalis), a powder of marigold flowers (lot.Calendula officinalis), hops powder (lot. Humulus lupulus ), powdered fennel seeds (lot. Foeniculum vulgare), calcium stearate, hydroxypropyl methyl cellulose (E464), polyethylene glycol (PEG 4000), the extract of hawthorn berries (lot. Crataegus oxyacantha), herb extract horsetail (lot. Equisetum
Recommended application:

- for stabilization of arterial pressure,
- for the prevention of heart attack,
- for stroke prevention,
- for thrombosis prophylaxis,
- for the prevention of lesions of the retina,
- to reduce hot flashes during menopause,
- to improve the trophic infarction.

Main components

Hesperidin is a flavonoid found in citrus fruits. It helps form collagen in connective tissue. Hesperidin is a potent antioxidant; supports and activates the action of many other antioxidants, protecting them from destruction. It has an antispasmodic activity, causes vasodilatation, improves microcirculation, has blood vessel-stabilizing effects, normalizes rheological properties of blood and permeability of capillaries, contributes to decreasing venous stasis, reinforces steam of blood in coronary arteries, decreases blood pressure and stops bleeding. Hesperidin helps for treating mycosis, arteriosclerosis, ulcers, allergies and tumors, easing smooth muscles of blood vessels and bile ducts.

Form release:

60 tablets of 1 g.

Production

Scientific and Production Center of Revitalization and Health

St. Petersburg University of Bioregulation and Gerontology